

# GLEN TANAR REST HOME

Home isn't a place it's a feeling!



**Email : [info@glentanarresthome.co.uk](mailto:info@glentanarresthome.co.uk)**

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**Tel : 01253 352726**



At Glen Tanar, we specialise in 24-hour care for just 21 elderly ladies and gentlemen in a homely, comfortable and safe environment. We take great pride in providing a high standard of friendly, individual and personal care.

Glen Tanar is a large detached property that has been sympathetically converted to create a unique residential home for the elderly. The home is set in its own grounds and has ample parking areas. The home is fully equipped to meet the individual needs of its residents, whilst retaining a homely and inviting environment. Glen Tanar is ideally situated in a quiet residential area of Bispham close to the Queen's Promenade. The home is convenient for a short stroll to the local shops or to the promenade.

Glen Tanar is equipped with a very modern visiting Pod, the pod can be used for safe visiting when required.





*"I have been very happy since the day I came because of the care and kindness that everyone has given to me and it has been a pleasure to be here."*

Joan S

*"Every day is different, full of fun, laughter, activities and an amazing menu - well looked after. Thank you to the manager and the team."*

Jude A



## ABOUT US .....

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## Care

Our aim is to provide the highest quality individualised care. Great emphasis is placed on the personal independence, dignity and quality of life of each resident. Our foremost concern is the well-being of each person within our care. At Glen Tanar we appreciate that every resident is different so each person has their own person centred plan of care. We use an up to date electronic care planning system that is updated in real time and gives access remotely for relatives using the relatives gateway. This care system reduces time spent on paperwork allowing us to give more time to our residents which improves the quality of care we give. We pride ourselves on offering support when needed and encouraging independence. Our warm, friendly and homely atmosphere means that our residents can enjoy their daily lives with privacy and dignity in a safe caring environment.

## Bedrooms

Our bedrooms are tastefully furnished and decorated to a high standard. All bedrooms have safety features including smoke detectors, 24-hour call systems and covered radiators. There are ample toilet facilities on all floors. The home has a shower room, which is fitted with facilities suitable for those residents with mobility difficulties. A couple of the bedrooms have en-suite bathrooms. All bedrooms are easily accessible via the four-person passenger lift.



## Meals

Residents are able to choose where they would like to have their meals; either in the tastefully decorated dining room, or alone in their rooms if they wish. All meals are carefully planned by our chef to be both nutritious and appetising. A choice of menu is available at each meal and special diets can be catered for. Each meal is freshly prepared using only the finest ingredients. Our menu is both wholesome and varied, providing a well-balanced diet. Tea, coffee and a selection of soft drinks and home-made cakes and biscuits are served at various times throughout the day

## Staff

Our highly experienced staff team, many of whom have worked here for several years, comprises the home manager, care assistants, cooks and domestic staff. We have a team of highly qualified and experienced care staff most of whom hold an NVQ2 in Health and Social Care and some hold an NVQ3. The manager holds a NVQ2 and 3 in Health and Social care and a Level 5 in Leadership and Management. To enhance staff competence, the staff attend relevant training courses on a regular basis. We have been awarded the Investor in People award, which demonstrates our commitment to the development of our staff.



*“ It ‘s more of a home than a "home " if you get what I mean.*

*The staff are amazing! “ Tina M*



*We encourage all our residents to personalise their rooms to make them feel more at home and comfortable.*



*"Glen Tanar is like a family home so welcoming nothing is too much trouble, staff are excellent, friendly, caring always available to answer any questions you have or any problems. All the residents seem happy love going and chatting with them all, everyone looks out for each other."*

Alison W

## Quality of Life.....

### Activities

At Glen Tanar we believe that psychological stimulation is just as important as the physical care that we give and we strive to provide a wide and varied diary of events both inside and outside of the Home, to cater for as many interests as possible. Our Activities Coordinator plans activities based on the residents hobbies and likes. They spend time with residents both one to one and as a group and is a valued member of our close knit team.



To Give you just a taste of the activities we offer, our regular scheduled activities include:

- Chair based exercise
- Visiting musicians
- Animal safari
- Arts & crafts
- Shopping trips
- Sing-alongs
- Going out for afternoon tea
- Bingo & Quizzes
- Scrabble, Board & Card Games
- Themed Meals

### Garden

Glen Tanar has a beautiful garden with a delightful lawned area at the front of the home. The garden has a variety of flowers and shrubs where, during the summer months, the residents can enjoy the sunshine and the breath-taking sea air. There is also a private furnished garden area at the side of the home which is accessed from the lounge. At the front there is a large decking area, perfect for watching the world go by. The residents have been involved in helping us develop this garden area, using funds from the residents fund raised at our various fun days. We have a summer hut, so the residents have somewhere to go outdoors when the weather is a little colder or wetter. Great care has been taken to ensure that the garden is accessible to wheelchairs to allow enjoyment for everyone.





# Fees

The home accepts residents funded either privately or through the council (any local authority is accepted). Prices for residents are fully inclusive of all care, food, laundry, activities, birthday parties, etc. Personal items are not included e.g. clothing, newspapers, magazines, hairdressing, chiropody, etc.

## In Summary

- Electronic Care Planning with Relatives Gateway
- 24-hour person centred care
- Fully trained and committed staff
- Assisted bathing and dressing
- Monitored medication and dispensing
- Personal laundry / ironing
- Full board with choice of menu
- Wide range of activities
- Easily accessible decking area
- Large private enclosed garden
- Large lounge and dining room
- Lift access





How to find us.....



## **GREEN CROSS CARE**

Glen Tanar Rest Home  
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Tel 01253 352726,  
[www.greencrosscare.co.uk](http://www.greencrosscare.co.uk)

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CQC overall Rating

Good

