

Home isn't a place it's a feeling!



HEADROOMGATE CARE HOME

www.greencrosscare.co.uk

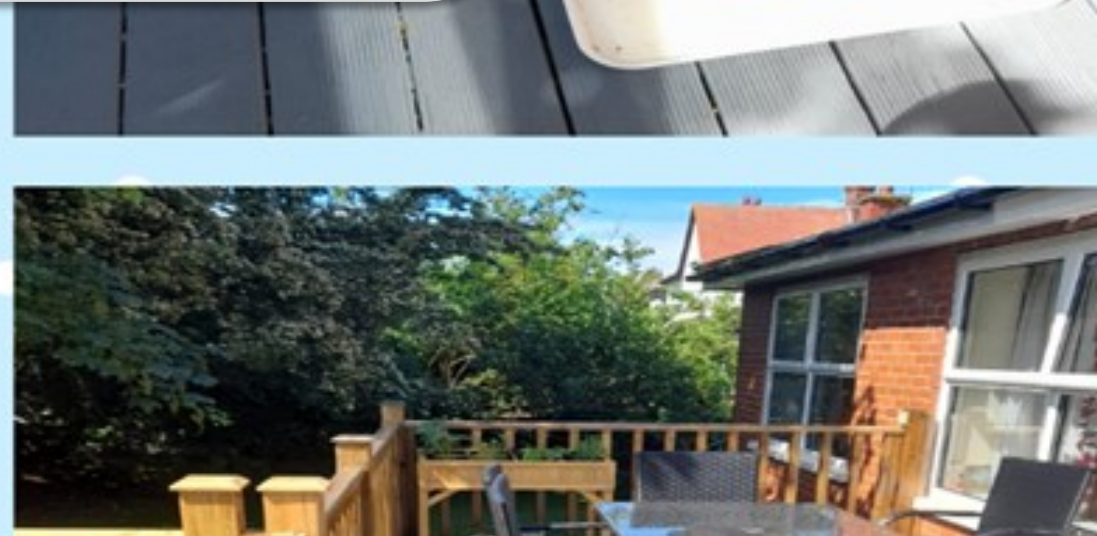
Tel :01253 724326

Email: info@headroomgatecarehome.co.uk

Set in the sea-side town of St. Annes in Lancashire, Headroomgate is a former Edwardian gentleman's residence that has been sympathetically converted to create a unique residential home. Headroomgate was constructed in 1912 and retains many period features including the original rockery in the front garden of the home.

The home is fully equipped to meet the individual needs of its residents, whilst retaining a homely and inviting environment.

The home is ideally situated in a quiet residential area 5 minutes from the lively and attractive town centre of St. Annes making it convenient both for the local shops or the promenade.



Headroomgate in 1912



"My mum has dementia and when I visit it is very reassuring to see that she is settled, happy and well looked after. Would recommend Headroomgate Care Home to anyone in a similar position."

"Her care has been exceptional in all areas of need. She has been treated with respect and patience allowing her to maintain her dignity at a time of huge changes in circumstances. Full marks to the manager and her team for whom nothing seems too much trouble."



ABOUT US

At Headroomgate, we specialise in 24-hour care for just 19 elderly ladies and gentlemen in a homely, comfortable and safe environment. We take great pride in providing a high standard of friendly, individual and personal care.

Headroomgate is a very personal and family oriented home in St Annes, Lancashire, catering for residential care of the elderly and offers accommodation to a wide range of ages from the young 50+ to the young at heart 100+, offering short term holidays, convalescence and respite care and long term permanent placements.

Care

Our aim is to provide the highest quality individualised care. Great emphasis is placed on the personal independence, dignity and quality of life of each resident. Our foremost concern is the well-being of each person within our care. At Headroomgate we appreciate that every resident is different so each person has their own person centred plan of care. We use an up to date electronic care planning system that is updated in real time. This care system reduces time spent on paperwork allowing us to give more time to our residents, which improves the quality of care we give. We pride ourselves on offering support when needed and encouraging independence. Our warm, friendly and homely atmosphere means that our residents can enjoy their daily lives with privacy and dignity in a safe caring environment.

Bedrooms

Our bedrooms are tastefully furnished and decorated to a high standard. All rooms are unique, some with wash basin facilities only, others with en-suite. All bedrooms have safety features including smoke detectors, 24-hour call systems and covered radiators. Bedrooms are located on both the ground and the upper floors. There are ample toilet facilities on both floors. The home has both a shower and a bath, which are fitted with facilities to make them suitable for those residents with mobility difficulties. All bedrooms are easily accessible via the four person passenger lift.



Meals

Residents are able to choose where they would like to have their meals; either in the tastefully decorated dining room, or alone in their rooms if they wish. All meals are carefully planned by our chef to be both nutritious and appetising. A choice of menu is available at each meal and special diets can be catered for. Each meal is freshly prepared using only the finest ingredients. Our menu is both wholesome and varied, providing a well-balanced diet. Tea, coffee and a selection of soft drinks and homemade cakes and biscuits are served at various times throughout the day

Staff

Our highly experienced staff team, many of whom have worked here for several years, comprises the home manager, care assistants, cooks and domestic staff. We have a team of highly qualified and experienced care staff most of whom hold an NVQ2 in Health and Social Care and some hold an NVQ3. The manager holds a NVQ5 in Leadership and Management. To enhance staff competence, the staff attend relevant training courses on a regular basis. We have been awarded the Investor in People award, which demonstrates our commitment to the development of our staff.



“ We are very happy. The staff are amazing at Headroomgate Care Home. Well done to all the staff. “



We encourage all our Residents to personalise their rooms to make them feel more at home and comfortable.

Quality of Life.....

Activities

At Headroomgate our activities coordinator engages the residents in many activities that they really enjoy. The daily activities include cards, dominoes, crafts, singing, reminiscing, sitting in the garden and accompanied walks and trips out. We also have a singer that performs for the residents at the home. Friends and relatives are also welcome to participate in our activities.

There are also a number of annual events which we celebrate. These include residents' birthdays, Pancake Day, St. Valentine's Day, Mother's Day, Easter, Father's Day, Christmas Day, Boxing Day and New Year.

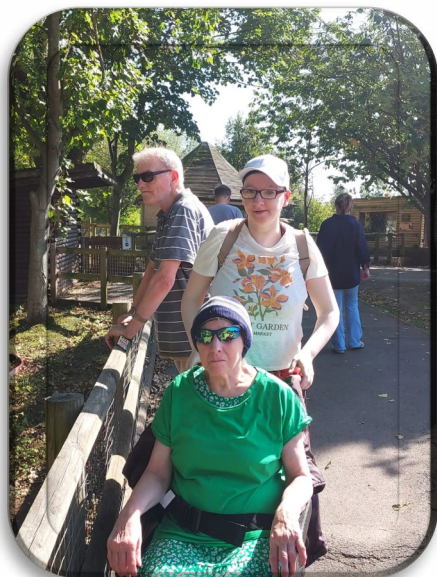
We have a visiting hairdresser and chiropodist who regularly attend the home. Visiting clergy hold occasional services in the home.

To Give you just a taste of the activities we offer, our regular scheduled activities include:

- Chair based exercise
- Visiting musicians
- Visiting pets
- Arts & crafts
- Sing-alongs
- Going out for afternoon tea
- Bingo & Quizzes
- Scrabble, Board & Card Games
- Themed Meals
- Reminiscence

Garden

Headroomgate has a beautiful garden with a delightful lawned area at the front of the home that has a variety of flowers and shrubs. There is also a secure decked area, furnished with table and chairs, where during the summer months, the residents can enjoy the sunshine and the breath-taking sea air. The decking is accessed from the main lounge of the home. Great care has been taken to ensure that the garden is accessible to wheelchairs to allow enjoyment for everyone.



“My Auntie has been a resident for over five years at

Headroomgate. She is very happy in the home and staff are very caring towards her. She suffers from early dementia and her needs are met by the staff and the home. I feel she is very safe in the home. “

Fees

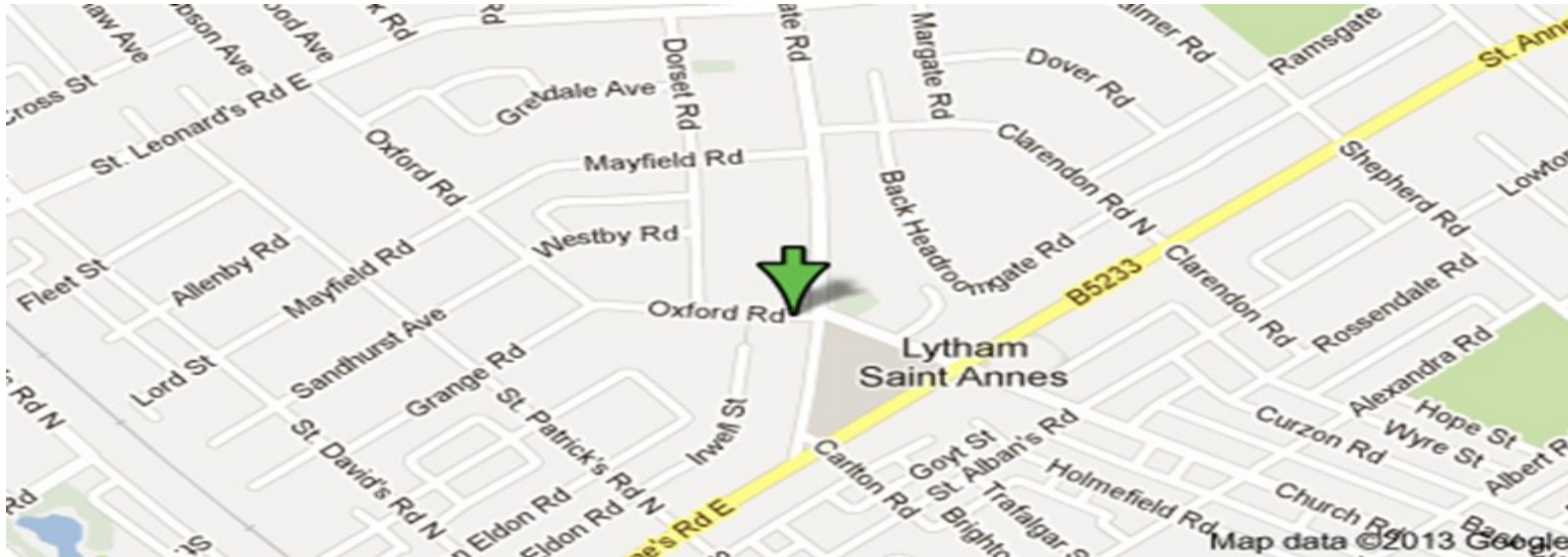
The home accepts residents funded either privately or through the council (any local authority is accepted). Prices for residents are fully inclusive of all care, food, laundry, activities, birthday parties, etc. Personal items are not included e.g. clothing, newspapers, magazines, hairdressing, chiropody, etc.

In Summary

- Electronic Care Planning with Relatives Gateway
- 24-hour person centred care
- Fully trained and committed staff
- Assisted bathing and dressing
- Monitored medication and dispensing
- Personal laundry / ironing
- Full board with choice of menu
- Wide range of activities
- Decking area easily accessible
- Large private garden
- Large dining room leading onto the decking
- Large lounge room
- Lift access



How to find us.....



Headroomgate Care Home

1 Oxford Rd,

Lytham St Annes FY8 2EA

Tel 01253 724326

www.greencrosscare.co.uk

info@headroomgatecarehome.co.uk



CQC overall Rating

Good

