# **MILTON LODGE REST HOME**

## Home isn't a place it's a feeling!



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Milton Lodge is a large detached property that has been sympathetically converted to create a unique residential home for the elderly. The home is set in its own grounds and has on-street parking available. In the 1930s Milton Lodge was a private fee paying school.

The school was purpose built by the Bailey family. Milton Lodge is well known locally as the "old maternity hospital'. It was a maternity hospital from 1944 to approximately 1979. A number of our residents and staff either had babies at Milton Lodge, or were born here. The home has a delightful lawned and paved area to the front and the rear of the building where, during the summer months, the residents can enjoy the sunshine and the breath-taking sea air. "The home is very welcoming every time we visit. The staff are extremely helpful and caring and the rooms are furnished to a high standard"

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"Each time I have visited I have found the staff very friendly and helpful. When you walk in the door, you can feel the lovely atmosphere. Also, I would definitely live here if I had to. So that says it all I think. " Mary B







#### ABOUT US .....

At Milton Lodge, we specialise in 24-hour care for just 21 elderly residents in a homely, comfortable and safe environment. We take great pride in providing a high standard of friendly, individual and personal care. Milton Lodge is a very personal and family oriented Home in Fleetwood, catering for residential care of the elderly and offers accommodation to a wide range of ages from the young 60+ to the young at heart 100+, offering short term holidays, convalescence and respite care and long term permanent placements.

#### Care

#### **Bedrooms**

Our bedrooms are tastefully furnished and decorated to a high standard. All bedrooms have safety features including smoke detectors, 24-hour call systems and covered radiators. There are ample toilet facilities on all floors. The home has a shower room and a bathroom, which are fitted with facilities to make them suitable for those residents with mobility difficulties. A couple of the bedrooms have en-suite bathrooms. All bedrooms are easily accessible via the four-person passenger lift.

Our aim is to provide the highest quality individualised care. Great emphasis is placed on the personal independence, dignity and quality of life of each resident. Our foremost concern is the well-being of each person within our care. At Milton Lodge we appreciate that every resident is different so each person has their own person centred plan of care. We use an up to date electronic care planning system that is updated in real time and gives access remotely for relatives using the relatives gateway. This care system reduces time spent on paperwork allowing us to give more time to our residents which improves the quality of care we give. We pride ourselves on offering support when needed and encouraging independence. Our warm, friendly and homely atmosphere means that our residents can enjoy their daily lives with privacy and dignity in a safe caring environment.



#### Meals

Residents are able to choose where they would like to have their meals; either in the tastefully decorated dining room, or alone in their rooms if they wish. All meals are carefully planned by our chef to be both nutritious and appetising. A choice of menu is available at each meal and special diets can be catered for. Each meal is freshly prepared using only the finest ingredients. Our menu is both wholesome and varied, providing a wellbalanced diet. Tea, coffee and a selection of soft drinks and homemade cakes and biscuits are served at various times throughout the day.



*" Mum seems very happy and we've seen a marked improvement in her wellbeing."* Richard B



We encourage all our residents to personalise their rooms to make them feel more at home and comfortable.

# Staff

Our highly experienced staff team, many of whom have worked here for several years, comprises the home manager, care assistants, activities coordinator, cooks and domestic staff. We have a team of highly qualified and experienced care staff, most of whom hold an NVQ2 in Health and Social Care and some hold an NVQ3 and NVQ4. The manager holds a Level 5 Diploma in Leadership and Management. To enhance staff competence, the staff attend relevant training courses on a regular basis. We have been awarded the Investor in People award, which demonstrates our commitment to the development of our staff.

"Not only my mum but also we. as her family, have been made very welcome. Every staff <u>member we have</u> met has been cheerful and this in turn makes for a lovely atmosphere. The <u>cleanliness</u> of Milton Lodge is excellent - both in the communal areas and in the residents' rooms."







#### Quality of Life.....

#### Activities

At Milton Lodge, we believe that psychological stimulation is just as important as the physical care that we give and we strive to provide a wide and varied diary of events both inside and outside of the home, to cater for as many interests as possible. Our Activities Coordinators plan a weekly calendar taking into account residents hobbies and interests. They spend time with residents both one to one and as a group and they are a valued member of our close knit team.

To Give you just a taste of the activities we offer, our regular scheduled activities include:

- Chair based exercise
- Visiting musicians .
- Visiting pets •
- Shopping trips •
- **Birthday Teas**
- Arts & crafts
- Sing-alongs
- Going out for afternoon tea •
- **Bingo & Quizzes** ٠
- Scrabble, Board & Card Games
- Themed Meals

#### Garden

Milton Lodge has a beautiful garden with a delightful lawned area at the front of the home. The garden has a variety of flowers and shrubs where, during the summer months, the residents can enjoy the sunshine and the breath taking sea air. There is also an enclosed private garden area at the rear of the home which is furnished with tables and chairs. Great care has been taken to ensure that the garden is accessible to wheelchair users to allow enjoyment for everyone. A decking area, which can be accessed directly from the dining room, has been added to the home. This is now proving to be a popular place for the residents to sit on sunny days.

### Fees

The home accepts residents funded either privately or through the council (any local authority is accepted). Prices for residents are fully inclusive of all care, food, laundry, activities, birthday parties, etc. Personal items are not included e.g. clothing, newspapers, magazines, hairdressing, chiropody, etc.

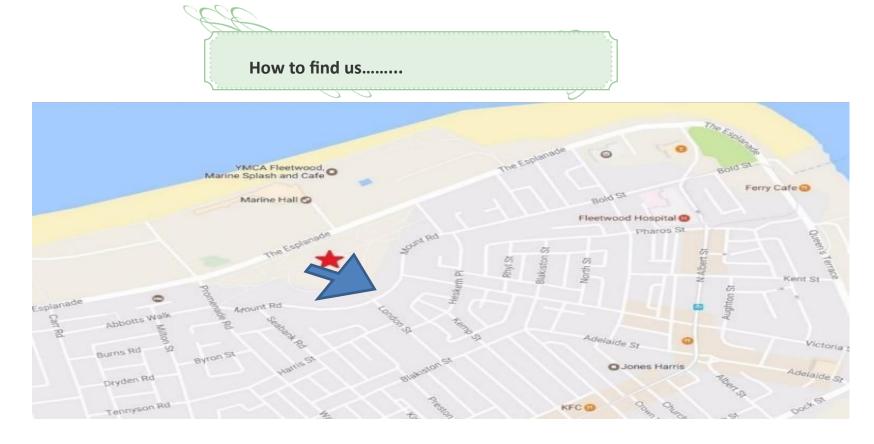
# **In Summary**

- **Electronic Care Planning with** relatives gateway.
- 24-hour person centred care Fully trained and committed staff Assisted bathing and dressing Monitored medication and dispensing
- Personal laundry / ironing Full board with choice of menu Wide range of activities Easily accessible decking area Large private enclosed garden **Two lounges** Large dining room Lift access



Offering the highest standards of accommodation in a homely environment

- Excellent home cooked meals
- All bedrooms tastefully decorated
- Hairdressing and Chiropody
- · Homely lounge and dining area
- · Fully trained and caring staff
- Tel: 01253 776011





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**CQC overall Rating** 





